

How to Apply Scopolamine Patch

Use a scopolamine patch as directed by your doctor to prevent nausea and vomiting. Additional anti-nausea medications can also be used as needed to treat nausea.

- Apply the patch to a hairless area on the upper arm as directed by our office. It is usually applied one day prior to surgery and left on for 3 days. If nausea continues, it can be replaced with a new patch. The area chosen should be free of cuts, scrapes, irritation, scars, and calluses. Do not place the patch on skin folds or under tight undergarments because it may come loose. If more than one patch is prescribed then the new patch should be placed on a different skin site from the previous site.
- Wash your hands with soap and water and dry them completely before and after applying Scopolamine Patch.
- Clean the chosen area with soap and water. Rinse the area and wipe it with a clean, dry tissue.
- Remove the patch from the pouch. Remove the plastic protective backing from the pouch by gently peeling off one half of the backing at a time. Avoid touching the sticky side of the patch.
- Place the patch on the skin site (sticky side down) by applying firm pressure on top of the patch. The adhesive overlay does not contain any medicine and should not be used alone.
- Wash your hands with soap and water to remove any medication that may be on your hands. Failure to wash your hands after removing or replacing a patch can result in harmless dilated pupils for several hours.
- If the patch does not stick firmly or begins to come loose, apply an adhesive overlay on top of the patch.
- After removing the used patch, fold it in half with the sticky sides together. Discard the patch out of reach of children and away from pets. Even after it had been used, the patch contains active medicine, which may be harmful if accidentally applied or ingested.
- Use the Scopolamine Patch the first 3 days even if you feel well and not nauseated.