

## Medication Timeline

Please follow these guidelines in taking the medications that have been prescribed for you. **Be advised that not all medications may pertain to you.**

2 – 7 days before surgery       7 days       2 days

- **Clonidine patch** (blood pressure) Place on upper arm or chest. Be sure to remove and discard the clear plastic cover from the medication patch prior to applying it to your skin. Video instructions are on our website: **ImageDr.com** (left side of screen)

1 day before surgery

**Scopolomine patch** (nausea) Place on upper arm the day of surgery.

Day of Surgery

- **Antibiotic – only three pills required** (preventative only)
  - If you are having your surgery in the office please eat a light breakfast and take your first pill with breakfast the day of surgery. Proceed to take the next pill the evening of your surgery and the last one the following morning.
  - If you are having your surgery at a surgery center (Talbert or HSC) please begin taking the antibiotic after surgery with food at dinner time. You will then take the second pill the following morning and the last one the following evening.
- **Aprepitant (EMEND)** (nausea) Take with a sip of water 1-3 hours prior to surgery. If taking birth control pills, also use additional contraception for 28 days. Note: This medication costs approximately \$60 but worth it.
- **Celebrex** (Pain/Swelling) Take 2 pill (200mgs) with a sip of water upon awakening on the day of surgery.
- **Zofran** Take 1 pill by dissolving on the tongue the morning of surgery.
- **Ativan** (oral sedative) Please bring the prescription of Ativan with you on the day of surgery. It will be administered to you by the staff.

After Surgery

- **Norco** (pain medication) You can begin taking your pain medication once home from your surgery and may continue to take one pill every 6-8 hours as needed for pain relief.
- **Zofran** (nausea) Take one pill every 8-12 hours as needed for nausea (this medication melts under your tongue). **DO NOT TAKE IF YOU ARE ON ANTI-DEPRESSANTS.**
- **Periactin** (nausea) Take one pill 3 times per day while taking pain medication or if nausea persists.
- **Flexeril** (muscle relaxant) Take one pill 3 times per day for 5 days beginning the day after surgery when you start eating.
- **Celebrex** (pain/swelling) Take one pill every 12 hours. Do Not take with other anti-inflammatory medications.
- **Scopolomine patch** Remove after 3 days, then wash hands immediately after removal.
- **Clonidine patch** Remove 7 days after application

Recommendations

- **Colace** (stool softener) It is recommended that you take this over the counter medication after surgery to help prevent constipation. Drink extra water as anesthesia, pain medication, and decreased activity causes constipation.
- **Benzydyl** (for sleep) If you are having difficulty sleeping, this can be helpful.
- **Extra Strength Tylenol** (pain) After surgery you can take this instead of prescription pain medication. This is the only over the counter pain reliever approved to take.